AUTHOR'S RECOMMENDATIONS

The process of sending the articles

It is mandatory to email the documents and figures to ruxandrapascu78@gmail.com and editors@rjo.ro

All materials will be mailed safely. Submitted manuscripts must not contain previously published material and must not be under simultaneous consideration for publication elsewhere in whole or in part in any language (except as an abstract). Manuscripts must conform to **"Uniform Requirements for Manuscripts Submitted to Biomedical Journals" (http://www.icmje.org)**.
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Authors are advised to provide recent references (2000 and recently), and from peer-reviewed journals. Papers with references before 2000 are discouraged.
The authors are also encouraged to submit reviews on their previous papers published in Oftalmologia and Romanian Journal of Ophthalmology in order to increase both visibility of the Journal and the authors.

Title Page

The title page (page 1) should contain:

- Full title, comprehensive, but short to a maximum of 45 characters.
- First author's surname and name (complete, both for men and women).
- Authors' surnames and names (in the same manner)
- Affiliation for all authors
- Name and complete address of corresponding author (include street name and address as well as post office box, and address for reprints if different from correspondence).
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  Example: Mihail Ionescu*, Andreea Marinescu, Victor Vasilescu*, Daniela Maria Manole*****
  ***Department of Ophthalmology, Central Military Hospital, Bucharest, Romania**
  ****Department of Ophthalmology, "Gr. T. Popa" University of Medicine Iaşi, Romania**
  *****Department of Ophthalmology, University Hospital, Bucharest, Romania**

After the Title Page insert a second one keeping only the title of the manuscript without anything that could indicate the identity of the authors.

Abstract and Key Words

The Abstract must be organized in four sections:

- Objective (aim) – the purpose of the study
- Methods – brief description of methods
- Results - presentation of results
- Conclusions – interpretation and significance of the observations, emphasizing new information

Abstract length is limited to 250 words.
Abbreviations must be defined at first mention in the abstract, and again at first mention in the main manuscript text.
Do not cite references in abstract, and limit use of acronyms and abbreviations.

After the Abstract, insert three to five keywords for use as indexing terms, separated by semicolons. These words may later be copyedited to conform to journal style.

Abbreviations

Create a list of non-standard abbreviations and non-standard acronyms used in the manuscript text.
The list should be included in the manuscript and placed after the abstract, before the Introduction. The list should be entitled "Abbreviations." Its content will not count toward the word limit.
All abbreviations and acronyms should be expanded upon first usage in the text, and thereafter the abbreviation/acronym should be used.

Text

Main headings include Introduction, Methods, Results, and Discussion (IMRAD form).

- Manuscripts must be DOUBLE LINE SPACED, including references and figure legends, using Arial, font size 11.
- Leave 2 cm margins on all sides.
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Use SI units of measure in all manuscripts. For example, molar (M) should be changed to mol/L; mg/dL to mmol/L; and cm to mm. Units of measure previously reported as percentages (i.e. hematocrit) are expressed as a decimal fraction. Measurements currently not converted to SI units in biomedical applications are blood and oxygen pressures, enzyme activity, H+ concentration, temperature, and volume. The SI unit should be used in text, followed by the conventionally used measurement in parentheses.

Methods

The print version of the Methods should provide sufficient information for the reader to understand the basic methodology. There is no preset space allocation for the description of methods. Because of space restrictions, it is recommended that in the print version the Methods section be limited to essential new information. Methods that are essentially the same as those presented in previous publications should be cited or succinctly summarized rather than detailed in the print version.

For animals used in experiments, state the species, strain, number used, and other pertinent descriptive characteristics. When describing surgical procedures on animals, identify the preanesthetic and anesthetic agents used and state the amount or concentration and the route and frequency of administration for each. The use of paralytic agents, such as curare or succinylcholine, is not an acceptable substitute for anesthetics. For other invasive procedures on animals, report the analgesic or tranquilizing drugs used. If none were used, provide justification for such exclusion. Generic names of drugs must be given. Manuscripts that describe studies on humans must indicate that the study was approved by an institutional review committee and that the subjects gave informed consent. Please provide sex-specific and/or racial/ethnic-specific data, when appropriate, in describing outcomes of epidemiologic analyses or clinical trials; or specifically state that no sex-based or racial/ethnic-based differences were present. Reports of studies on both animals and humans must indicate that the procedures followed were in accordance with institutional guidelines. One must prove that experiments on live vertebrates are ethically accepted and are following national and international rules for animal laboratories.

Any information that may lead to the identification of a patient must be excluded from the content of the article. When photos of admitted patients are sent, they must have their consent and authors take full responsibility of the material. If materials contain medical research on human subjects, the author must enclose a declaration that confirms consent of all those subjects, in conformity with World's Medical Association Declaration, issued in Helsinki.

Acknowledgements

The Acknowledgments section should include any personal thanks to individuals who assisted in the performance of the studies and/or in the preparation of the manuscript. Authors must provide written permission from all individuals who are listed in the Acknowledgments section of the manuscript, because readers may infer their endorsement of data and conclusions.

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References

References must conform to Pubmed requirements. Authors must ensure accuracy of reference data. Verify all entries against original sources.

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Cite references in numerical order according to first mention in the text.

Personal communications, unpublished observations, and submitted manuscripts are not legitimate references and must be cited in the text only (not in the reference list) as "(author name, unpublished data, [year])." All submitted manuscripts that are pertinent to the manuscript under consideration must accompany the submission.

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All references which are originally taken from books, should contain the following details in this specific order: name(s) and surname(s) of the author(s), chapter of the book (if applicable), the title of the book, year of publication, the city of publication, the name of the publishing house, first page, last page (of the source).

Example: Hojat M. Does empathy predict career choice and professional success? Empathy in Patient Care, 2006, New York, Springer Verlag, 205-209

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Include table(s) in the main manuscript document as text, not as an image. Table(s) are included in the word limit. Number tables using Arabic numerals, and supply a brief, informative title for each table. Table text must be consistent in size and style with main manuscript text. Supply brief column headings. Indicate footnotes in this order: *, †, ‡, §, ||, #, **

Use only horizontal borders above, and below the column headings and at the bottom of the table. Use extra space to delineate rows and columns.

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Do not use colors for tables, use only default .1 black borders.

Tables must be placed 1 per page at the end of the manuscript, after the references.

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